**CURRICULUM VITAE**

**Personal details:**

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| --- | --- |
| First Name | Spyridon |
| Surname | Valvis |
| Specialty | **Orthopaedic Surgery and Traumatology** |
| Nationality | British |
| Gender | Male |
| Date of birth | 5th June 1971 |
| Marital Status | Married, 2 children |

**MEDICAL AND ACADEMIC DEGREES:**

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| **Degree** | **Subject Medical School** | **Year of Graduation** |
| Medical Doctor | Medicine, Debrecen University Hungary | 2000 |
| 1. Specialist | Orthopedic Surgery and Traumatology, Athens Greece | 2014 |
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**MEDICAL COUNCIL REGISTRATION:**

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| --- | --- |
| General Medical Council |  |
| National Medical Chamber |  |
| Other Athens Medical Association |  |

**LANGUAGES:**

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| **Language** | **Level of language (CEFR Self Assessment)** |
| English, Greek, French | C2, IELTS 8,5 |
| German | B2/c1 |
| Italian, Hungarian | B1 |

**PREVIOUS EMPLOYMENT:**

June 2003-June 2004 One year as resident ( junior house resident) in Korinthos General hospital, Greece in the department of General Surgery and Accident and Emergency

September 2004-June 2008 Four years as resident ( Senior house resident) in the department of Orthopaedics and Traumatology and Accident and Emergency in Korinthos General hospital, Greece with particular emphasis in the approach and treatment options of trauma patients.

Korinthos General regional Hospital is a large instiyution with over 250 beds of which 30 in the General Surgery Dept. and 50 in the Orthopaedics and Traumatology Dept. (SHO)

The hospital serves as a trauma centre for the region and has the 3rd highest patient count for vehicular injuries nationally Weekly schedule included outpatient clinic 3 times/week, theatre 3 times/week, 24 hour on call rotation up to8 times monthly, clinical rounds daily.. During my time there I performed the following operations.

|  |  |  |
| --- | --- | --- |
| Type of Operation | Surgeon | Assistant |
| Knee arthroscopy, ACL reconstruction | 6 | 40 |
| TKR | 12 | 64 |
| THR | 14 | 57 |
| Hip # IM nail | 20 | 72 |
| Hip # hemiarthroplasty | 22 | 96 |
| # internal fixation | 14 | 78 |
| # external fixation (ΟRTHOFIX, ILIZAROV) | 23 | 117 |
| Hallux Valgus | 4 | 20 |
| Minor procedures (CTS, Dupuytren, Trigger finger ) | 34 | 48 |
|  |  |  |
| Kyphoplasty | 3 | 13 |
| Spinal fractures |  | 4 |
|  |  |  |
| Femur # IM nail | 20 | 60 |

February 2009- July2011 Twenty eight months in St Anna Hospital in the Department of Orthopaedics, Traumatology and Sports Medicine in the position of Assistentarzt (SHO)

St Anna Hospital Centre for Orthopaedics and Traumatology is a specialized institution with over 500 beds and more than 500 outpatients per week. All major areas of Orthopedic Surgery are covered. There are 10 surgical theatres, dedicated to the Orthopaedic Surgery. The hospital is well equipped with MRI, CT, US, digitalized X-ray, clinical laboratory and pathological department. Arthroscopic procedures, Joint Replacement surgeries and Spinal Surgery are a routine for especially trained teams. My duties included Theatre on a daily basis, outpatient consultation twice weekly and clinical rounds once weekly. I was on 24 hour oncall up to 4 times monthly. During my time there I performed the following operations.

|  |  |  |
| --- | --- | --- |
| Type of Operation | Surgeon | Assistant |
| Knee arthroscopy, ACL reconstruction | 34 | 174 |
| TKR | 12 | 80 |
| THR | 14 | 65 |
| Total ankle arthroplastyl |  | 4 |
| Reverse Total shoulder arthroplasty |  | 8 |
| Shoulder arthroscopy | 12 | 150 |
| Elbow arthroscopy |  | 12 |
| Wrist arthroscopy |  | 4 |
| Minor procedures (CTS, Dupuytren, Trigger finger ) | 12 | 28 |
| Ankle arthroplasty | 1 | 26 |
| Hip arthroplasty | 1 | 44 |
| Spinal fractures |  | 24 |
| Kyphoplasty | 4 | 24 |
| Endoscopic spinal surgeryl |  | 70 |

April 2013-July 2014: 14 months as resident in Penteli Hospital for Children. ( SHO )

Penteli hospital for children is the 3rd largest pediatric hospital in Athens. It has over 200 beds of which 30 within the Children Orthopaedics and Trauma Department. There are 41 Consultants (including 3 Paediatricians), 40 SpR (20 ST3-4, 20 ST1-2) and 34 SHO (F1 and F2) in Orthopaedics. There are 4 surgical theatres, , of which 1 especially for Paediatric Skeletal Surgery (equipped with portable SIEMENS SIREMOBIL 3 C-arm X-ray). Scoliosis corrective spinal surgery are a routine for especially trained teams.

During my time there I participated and performed various procedures including

Elastic Intramedullarly Nailing, Locking Nailing, Leg Length Restoration, Osteotomies and Correction of Bone angulation, second to physeal injury. Minor closed procedures are a routine; most K-wire and subcutaneous pin extractions could be handled easily. On average I did 6 elective surgeries when I am in the Clinic per week and 4 surgeries/weekly when I covered the A&E room.

October 2014-July 2016 22 months in Private practice as Consultant of General Orthopaedics and chronic pain management.

September 2016 onwards Consultant of Orthopaedic Surgery and Traumatology in General Anticancer and Oncology Hospital Agios Savvas in Athens , Greece.

**TRAINING COURSES:**

Seminars and certification courses in prehospital, basic, advanced and paediatric life support and for Advanced Trauma Life Support.

Diploma in course for emergency Medicine from DOCDIDAC, Sylt, Germany.

Diploma in Acupuncure and Manual Therapy.

**CONGRESSES & CONFERENCES:**

66th-72th National Orthopaedic Symposium, Athens Greece

TEACHING RESPONSIBILITIES:

Supervision of junior doctors and residents.

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**ROFESSIONAL SOCIETY MEMBERSHIPS:**

* Member of the Greek Medical Association.
* Member of the Sports Medicine Association of Greece.
* Member of the Greek Association of Arthroscopic Surgery.
* Member of the Greek association of Orthopaedics and Traumatology.
* Member of the Scientific Association of Medical Acupuncture in Greece.
* Member of the Athens Medical Association.

**PERSONAL INTERESTS:**

Swimming, hiking, reading, music