**Dr. NAUSHABAH MALIK**

**MRCOG**

Result-oriented Senior Registrar with a proven record of achievements; targeting top level assignments in

**Obstetrics / Gynaecology** with a reputed govt. / private hospital of repute, preferably in **Middle East**

**Executive Profile**

**Dynamic career of 10+** years that reflects rich experience & year-on-year success

in **Obstetrics and Gynaecology**:

o Leading pregnancy management, prenatal care, labor and pueperium;

providing surgical or medical care to women during child birth, detect

sexually transmitted diseases, conduct pap test screening and offer family

planning advice

o Conducting diagnosis & treatment of disorders related to acute & chronic

medical conditions, adolescent gynecology, behavioral problems, cancer,

endocrinology, infertility, operative gynecology and urinary tract disorders

Possess high level of patience & compassion to listen to patients; recognized for

remaining calm under tensed condition

A forward thinking person with **strong communication, analytical &**

**organizational** skills; well organized with a track record that demonstrates selfmotivation

& creativity to achieve corporate & personal goals

**Education**

MRCOG - UK in Nov’15

MCPS - Gynae, College of Physician

Surgeon, Pakistan in Jun’08

Diploma in Obstetric & Gynecological

Ultrasound in Feb’07

M.B.B.S. from Abbottabad, Pakistan in

2002

**Medical Liscence**

General Medical Council (G): 7090916

(Fully registration with License to

Practice)

Pakistan Medical and Dental Council-

Registration Number: 40678-P; Type:

Full Registration Unrestricted

Licensure to practice anywhere in Pakistan

**Professional Experience**

**Since Feb’14: Wye Valley Trust, Hereford as a Senior Registrar-Obstetrics /**

**Gynecology**

**Role:**

Managing labor ward, maternity ward, gynecology ward, triage both obstetrics &

gynecology, obstetrics and gynecological clinics

Performing complicated & non-complicated caesarean sections including caesarean

at full dilatation, high BMI of 50 or above, multiple gestations & preterm

Leading instrumental deliveries including ventouse & forceps and management of

shoulder dystocia and other obstetrical emergencies & repairs of perineal tears

including third & fourth degree perineal tears

Scanning & interpreting CTG and managing the evidence of all surgical

competencies

Updating skills by attending the courses, drills and clinical guidelines

Steering total / subtotal abdominal hysterectomies anterior & posterior

colpoperinerhaphies (trained in Pakistan for fellowship & membership training)

Managing ectopic pregnancies laparoscopically and conducting diagnostic

laparoscopies and laparoscopical sterilization

Teaching the junior colleagues and participating in RCOG Franchised & Intraartum

Training Courses

Explaining procedures and discussing about test results or prescribed treatments

with patients

Performing caesarean sections or other surgical procedures as needed to preserve

patients' health and deliver babies safely

Treating & counselling women throughout their pregnancy from giving prenatal

diagnoses to delivery and postpartum care

Prescribing or administering therapy, medication and other specialized medical care

to treat or prevent illness, disease or injury

Referring patient to medical specialists or other practitioners when necessary

Providing consulting services to other physicians

Directing activities of nurses, students, assistants, specialists, therapists and other

medical staff

Planning, implementing & administering health programs in hospitals, businesses,

or communities for prevention & treatment of injuries or illnesses

Preparing government & organizational reports on birth, death and disease

statistics, workforce evaluation or medical status of individuals

**Previous Experience**

**Dec’12-Jan’14: Resident Medical Officer**

**Role:**

Dealt with medical & surgical emergencies; managed cardiac arrests & pulmonary embolisms / patients with comorbidi

**Other Assignments**

PG Specialist Registrar in Obstetrics & Gynecology C Ward Ayub Teaching Hospital, Abbottabad during Jul’05-Aug’11

(commenced PG training at middle grade level in Obstetrics & Gynecology during Jul’05-Jul’07 and Labor Ward,

Operation Theatre, Outdoor Clinics of Obstetrics & Gynecology including Family Planning & Infertility Clinics during

Sep’08-Aug’11):

Trained on ultrasound, CTG, vaginal / instrumental deliveries, caesarean sections and all obstetrical emergencies

Worked in close collaboration with other specialties like Anesthetist & OT staff, medical and surgical team

Daily ward rounds, general ward work, outpatient clinics, obstetric ultrasound, obstetrical & gynecological procedures at

the operation theatre, elective & emg. caesarean sections and caesarean hysterectomies

Family Planning Session:

8 sessions of family planning during Jul’07 to Jul’07 at District Population Welfare Office, Abbottabad

**Internship**

Full-time internship in Ayub Teaching Hospital from Feb’04-Mar’05:

Understood the importance of research in advancing medical knowledge

Performed audit on 3rd & 4th degree perineal tear

Managed the outcome of outpatient hysteroscopy services in Hereford County Hospital

Achieved major maternal outcome in patients with severe pre-eclampsia

Conducted 6 months study during Apr’10-Oct’10 to evaluate major maternal complications in patients with severe preeclampsia

in Ayub Teaching Hospital, Abbottabad

**Teaching Experience**

Participated in poster presentation at World Congress in Jun’16 at Hereford County Hospital:

Teaching especially Obstetrics & Gynecology Examination Bed skills Teaching to junior to midwives & support workers

Presenting Maternal and PNM Meetings in Hereford Hospital

Lecturer in ayub medical college

Honorary lecturer of Birmingham university students

Course faculty of Royal college of Obstetrics and Gynecologist

**Presentations And Publications**

Published the dissertation in international journal and delivered the following case presentations:

Case presentation of Carcinoma of vagina in 50 years old lady

Anemia in pregnancy

RH incompatibility

Pregnancy with heart diseases

Border line ovarian carcinomas

Taught House Officer, Final Year MBBS Student Nurses and Lady Health Visitors both academically & clinically

Maternal and Fetal outcome in patients with fibroid uterus.

Maternal outcome in patients with severe pre eclampsia.

Rare case of placenta percreta

**Other Courses / Workshops**

Advance Life Support in April 2017

ALSO Course in Nov 2016

Intrapartum Course in Jun 2016

Basic Life Support in Mar 2016

Whips Cross Course of MRCOG2 in Jan 2015

Management of Maternal Acute Illness Course in Oct 2014

CTG Master Course Baby Lifeline in Sep 2014

Perineal Trauma Repair Course including 3rd & 4th Degree Tears in Jun 2014

Intrapartum Mx Course including Emg. Drills (Prompt) in Apr 2014

BLS in Mar 2014

RCOG Course of Basic Practical Skills in Obs / Gyne in Feb 2014

Refresher Course on Advance Life Support in July 2013

Pediatric Advance Life Support and Adults Advance Life Support in Dec 2012

Introduction to Computer & Internet in Feb 2007

Primary Surgical Skills in May 2007

Research Methodologies, Biostatistics & Dissertation Writing in Aug 2007

Communication Skills in Aug 2007

**Degree Currently Under Taking**

Diploma in medical Education from Dundee university

Accreditation with BSCCP

**Advance Training**

Trained as special interest in benign Gynecology and out patient

Hysteroscopy

Ultrasound training for Obstetrics and Gynecology.

**Audits and Dissertation**

**Audits:**

Outcome of trial of vaginal birth in pts with previous one Caesarean section in Hereford county hospital.

Audit on Third and fourth degree perineal tear

Audit on out patient Hysteroscopy in Hereford county hospital.

**Dissertation writing on:**

Maternal outcome in patients with severe pre eclampsia.

**IT Skills**

Microsoft Office® and Software Applications

**Prizes And Awards**

Merit scholarship in high school 1992

Trophy as best squad leader in NCC

Best trainee certficate